

DRIVER'S DAILY LOG — 24 HOURS "One Calendar Day"

MONTH	DAY	YEAR	VEHICLE NUMBER(S)	TOTAL MILEAGE (TODAY)
TOTAL MILES DRIVING (TODAY)				
NAME OF CARRIER(S)				
MAIN OFFICE ADDRESS				

I Certify that all figures are true and correct:	
DRIVER'S SIGNATURE	
NAME OF CO-DRIVER	
HOME OFFICE ADDRESS	

	MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	TOTAL HOURS
1- OFF DUTY													
2- SLEEPER BERTH													
3- DRIVING													
4- ON DUTY (NOT DRIVING)													
REMARKS													
	MID-NIGHT	1	2	3	4	5	6	7	8	9	10	11	TOTAL

Shipping document, manifest number, or name of a shipper and commodity.
Check the time and enter name of place you reported and where released from work and when and where each change of duty occurred. Explain excess hours.

ORIGINAL — File Each Day at Home Terminal	USE TIME STANDARD OF HOME TERMINAL	Destination
DUPLICATE — Driver Keeps in His Possession for 8 Days		

MONTHLY LOG TOTALS FOR: _____ month / _____ year

Provided below are monthly log summaries for both 60 hour / 7 day drivers and 70 hour / 8 day drivers. Columns 1 to 31 are the days of the month, and they should have information provided for each day - even if the driver does not work. (enter 0). Calculate the other columns as explained below.

70 Hour / 8 Day Drivers Only																																			
Previous 7 Days Worked																																			
	Total Hours Worked of the Last 7 Days																																		
	* Total Hours Available Tomorrow (Subtract 70 from Row #1)																																		
	Total Hours Worked of the Last 8 Days																																		

* If you took 34 Consecutive hours off duty, you have 60/70 hours available again

60 Hour / 7 Day Drivers Only																																			
Previous 6 Days Worked																																			
	Total Hours Worked of the Last 6 Days																																		
	* Total Hours Available Tomorrow (Subtract 60 from Row #1)																																		
	Total Hours Worked of the Last 7 Days																																		

70 Hours/8 Days Instructions: (1) Write the number of hours worked, driving and on duty, (zero, if no work was done) in the "Previous 7 Days Worked" top row. (2) In the space beside Row #1 put the "Total Hours Worked of the Last 7 Days" (refer to recap section 1). (3) Subtract the hours in Row #1 from 70 and enter this number in the "Total Hours Available Tomorrow" Row #2 (refer to recap section 2). (4) For Row #3 add the "Total Hours Worked of the Last 8 Days" by counting the hours in today's box and the previous 7 boxes (refer to recap section 3). Cross off the last day counted so you can see where to start the next day without recounting. If any number in Row #3 goes over 70, no driving should be done. If driving was done it is a violation and should be circled for easy identification.

60 Hours/7 Days Instructions: (1) Write the number of hours worked, driving and on duty, (zero, if no work was done) in the "Previous 6 Days Worked" top row. (2) In the space beside Row #1 put the "Total Hours Worked of the Last 6 Days" (refer to recap section 1). (3) Subtract the hours in Row #1 from 60 and enter this number in the "Total Hours Available Tomorrow" Row #2 (refer to recap section 2). (4) For Row #3 add the "Total Hours Worked of the Last 7 Days" by counting the hours in today's box and the previous 6 boxes (refer to recap section 3). Cross off the last day counted so you can see where to start the next day without recounting. If any number in Row #3 goes over 60, no driving should be done. If driving was done it is a violation and should be circled for easy identification.

RECAP

Driving Hours Today (Line 3)	1.	Last 7 Days Total Hours On Duty (incl. Today)
Total Hours On Duty (Line 3 - 4)	2.	* Hours Available Tomorrow 70 - Line 1
	3.	Hours On Duty Last 8 Days (incl. Today)
		* If you took 34 consecutive hours off duty you have 60/70 hours available again.